

TATRAMAN 2025

Open

Rank	Bib	Nazwisko i Imię	Kraj	Rok	Klub	Miasto	Płeć	Kategoria	Pływanie	T1	Rower	T2	Bieg	Meta	Kara
Tatraman															
1.	20	Marciniak, Jacek		1977	SPACS_by_Endutrition	Wrocław	M	M 45-49	36:11 (4) 1:48 min/100m	01:32 (3)	2:52:44 (1) 31.4 km/h	02:31 (6)	2:40:33 (4) 7:36 min/km	6:13:31	
2.	11	Hopek,		1983	#zwiastunBurzy	Bolechowice	M	M 40-44	39:37 (9) 1:58 min/100m	03:15 (16)	3:06:39 (3) 29.1 km/h	01:56 (3)	2:26:22 (2) 6:55 min/km	6:17:49	
3.	43	Świerad, Dariusz		1985	ASICS	Modlniczka	M	M 40-44	42:28 (14) 2:07 min/100m	02:16 (5)	3:06:57 (4) 29.0 km/h	01:40 (2)	2:25:41 (1) 6:53 min/km	6:19:02	
4.	12	Jażdżewski,		1993		Angowice	M	M 30-34	39:25 (8) 1:58 min/100m	01:33 (2)	3:04:35 (2) 29.4 km/h	02:22 (5)	2:37:28 (3) 7:27 min/km	6:25:23	
5.	51	Zajusz, Marek		1987	SportWise Kraków	Kraków	M	M 35-39	33:58 (1) 1:41 min/100m	01:50 (4)	3:12:14 (6) 28.2 km/h	01:35 (1)	2:41:22 (5) 7:38 min/km	6:30:59	
6.	22	Motylewska,		1991		Płock	K	K 30-34	44:36 (2) 2:13 min/100m	02:05 (3)	3:06:25 (1) 29.1 km/h	02:43 (3)	2:40:37 (2) 7:36 min/km	6:36:26	
7.	30	Protas, Krzysztof		1977		Warszawa	M	M 45-49	42:42 (17) 2:08 min/100m	02:52 (13)	3:19:42 (9) 27.2 km/h	02:11 (4)	2:42:05 (6) 7:40 min/km	6:49:32	
8.	5	Galewicz,		1976		Libertów	K	K 45-49	46:49 (3) 2:20 min/100m	01:59 (2)	3:23:03 (2) 26.7 km/h	02:28 (1)	2:37:28 (1) 7:27 min/km	6:51:47	
9.	17	Kuter, Krzysztof		1982	Kuźnia Trathlonu	Piaseczno	M	M 40-44	38:56 (7) 1:56 min/100m	02:48 (12)	3:12:12 (5) 28.2 km/h	03:19 (10)	2:54:58 (10) 8:17 min/km	6:52:13	
10.	48	Wolak, Paweł		1994		Kraków	M	M 30-34	42:25 (12) 2:07 min/100m	02:41 (10)	3:22:23 (10) 26.8 km/h	02:36 (7)	2:44:45 (7) 7:48 min/km	6:54:50	
11.	38	Stopa, Piotr		1981		Bibice	M	M 40-44	44:40 (23) 2:13 min/100m	02:29 (8)	3:18:01 (8) 27.4 km/h	05:39 (17)	2:46:51 (8) 7:54 min/km	6:57:40	
12.	3	Delura, Michał		1982		Warszawa	M	M 40-44	38:21 (6) 1:55 min/100m	07:29 (37)	3:24:25 (11) 26.5 km/h	06:10 (22)	2:47:36 (9) 7:56 min/km	7:04:01	
13.	31	Rak, Łukasz		1974	jasielskie	Jasło	M	M 50-54	47:48 (31) 2:23 min/100m	03:26 (17)	3:16:42 (7) 27.6 km/h	05:44 (18)	2:59:33 (11) 8:30 min/km	7:13:13	
14.	14	Kamiński,		1987		Warszawa	M	M 35-39	35:43 (3) 1:47 min/100m	01:30 (1)	3:49:00 (23) 23.7 km/h	04:36 (12)	3:03:39 (12) 8:41 min/km	7:34:28	

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Rank	Bib	Nazwisko i Imię	Kraj	Rok	Klub	Miasto	Płeć	Kategoria	Pływanie	T1	Rower	T2	Bieg	Meta	Kara
15.	6	Gardner, Andrew		1977	WITC	Warszawa	M	M 45-49	52:48 (38) 2:38 min/100m	02:58 (14)	3:28:17 (12) 26.0 km/h	04:56 (13)	3:06:00 (13) 8:48 min/km	7:34:59	
16.	7	Gościński,		1975	Kuźnia Triathlonu	Nadarzyn	M	M 50-54	52:07 (36) 2:36 min/100m	02:26 (7)	3:29:29 (13) 25.9 km/h	05:44 (19)	3:11:20 (15) 9:03 min/km	7:41:06	
17.	41	Szybilski, Daniel		1984	Tyczynski Triathlon	Michałowice	M	M 40-44	44:18 (21) 2:12 min/100m	04:15 (23)	3:35:57 (15) 25.1 km/h	05:55 (20)	3:13:02 (16) 9:08 min/km	7:43:27	
18.	9	Grzywalska,		1987	HEINEKEN Kraków	Kraków	K	K 35-39	44:24 (1) 2:13 min/100m	01:35 (1)	3:42:51 (3) 24.3 km/h	02:33 (2)	3:15:06 (3) 9:14 min/km	7:46:29	
19.	27	Pawłowski,		1974		Kraków	M	M 50-54	44:39 (22) 2:13 min/100m	03:42 (21)	3:46:04 (19) 24.0 km/h	05:58 (21)	3:09:47 (14) 8:59 min/km	7:50:10	
20.	37	Skrzak, Kacper		1994		Zakopane	M	M 30-34	43:49 (19) 2:11 min/100m	03:28 (18)	3:46:51 (21) 23.9 km/h	02:52 (8)	3:23:34 (17) 9:38 min/km	8:00:34	
21.	23	Osiadacz, Jakub		1984	Trenuj w Krakowie	Kraków	M	M 40-44	47:19 (30) 2:21 min/100m	02:24 (6)	3:41:20 (17) 24.5 km/h	03:34 (11)	3:32:45 (19) 10:04 min/km	8:07:22	
22.	39	Surmacz,		1989	GoAptiv!	Dobczyce	M	M 35-39	42:28 (13) 2:07 min/100m	02:59 (15)	3:38:46 (16) 24.8 km/h	05:24 (14)	3:38:47 (24) 10:21 min/km	8:08:24	
23.	53	Żok, Filip		1987		Dobieszowic	M	M 35-39	40:46 (10) 2:02 min/100m	04:09 (22)	3:43:02 (18) 24.3 km/h	08:29 (31)	3:39:29 (25) 10:23 min/km	8:15:55	
24.	29	Tomczyk, Beata		1991	Klub Biała Biega	Biała	K	K 30-34	53:18 (7) 2:39 min/100m	05:12 (7)	3:57:35 (6) 22.8 km/h	02:51 (4)	3:18:03 (4) 9:22 min/km	8:16:59	
25.	47	Van Baarle,		1978		Tarnów	M	M 45-49	45:44 (27) 2:17 min/100m	04:47 (27)	3:34:33 (14) 25.3 km/h	07:20 (26)	3:45:48 (29) 10:41 min/km	8:18:12	
26.	2	Czepiel-Rak,		1975	Jasielskie	Jasło	K	K 50-54	47:48 (5) 2:23 min/100m	02:26 (4)	3:54:51 (5) 23.1 km/h	03:28 (5)	3:31:51 (6) 10:01 min/km	8:20:24	
27.	21	Mieszkowski,		1971	RM TERRA	Piastów	M	M 50-54	44:15 (20) 2:12 min/100m	04:40 (25)	3:55:37 (26) 23.0 km/h	03:15 (9)	3:32:40 (18) 10:04 min/km	8:20:27	
28.	40	Szapiel, Andrzej		1990	STONE TRI & RUN	Pogórze	M	M 35-39	37:39 (5) 1:52 min/100m	07:45 (38)	3:53:14 (25) 23.2 km/h	10:00 (36)	3:33:37 (21) 10:06 min/km	8:22:15	
29.	42	Śliż, Lucyna		1977	Kuźnia Triathlonu	Warszawa	K	K 45-49	47:37 (4) 2:22 min/100m	03:48 (5)	3:49:05 (4) 23.7 km/h	07:27 (7)	3:34:27 (7) 10:09 min/km	8:22:24	

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Rank	Bib	Nazwisko i Imię	Kraj	Rok	Klub	Miasto	Płeć	Kategoria	Pływanie	T1	Rower	T2	Bieg	Meta	Kara
30.	49	Wróblewski,		1988		Gliwice	M	M 35-39	46:36 (28) 2:19 min/100m	04:40 (26)	3:46:44 (20) 23.9 km/h	10:54 (37)	3:33:44 (22) 10:07 min/km	8:22:38	
31.	33	Ryszczuk, Adam		1980	Run2BFree	Rybnik	M	M 45-49	42:53 (18) 2:08 min/100m	06:19 (31)	3:48:21 (22) 23.7 km/h	07:50 (28)	3:37:52 (23) 10:18 min/km	8:23:15	
32.	46	Urbanowicz,		1976	Sportwise	Zabierzów	M	M 45-49	44:54 (25) 2:14 min/100m	05:09 (28)	3:57:11 (29) 22.9 km/h	07:57 (30)	3:40:07 (26) 10:25 min/km	8:35:18	
33.	45	Tokarz, Mateusz		1996	ToRoSaTo	Krakow	M	M 25-29	52:57 (39) 2:38 min/100m	07:10 (36)	3:49:41 (24) 23.6 km/h	14:49 (40)	3:33:06 (20) 10:05 min/km	8:37:43	
34.	24	Palka, Jacek		1979	KLifornia TRI, Nowa	Dobra	M	M 45-49	42:09 (11) 2:06 min/100m	06:20 (32)	4:01:10 (31) 22.5 km/h	09:17 (34)	3:46:43 (31) 10:44 min/km	8:45:39	
35.	10	Hartschen, Jens		1983	WM Triself	Kraków	M	M 40-44	47:58 (32) 2:23 min/100m	04:15 (24)	3:57:04 (28) 22.9 km/h	07:53 (29)	3:51:10 (34) 10:56 min/km	8:48:20	
36.	18	Laburda, Kinga		1980	#odzumbiydotriathlonu	Kraków	K	K 45-49	48:31 (6) 2:25 min/100m	04:54 (6)	4:29:31 (7) 20.1 km/h	06:34 (6)	3:22:56 (5) 9:36 min/km	8:52:26	
37.	26	Paprocki,		1979		Rabka-Zdrój	M	M 45-49	46:53 (29) 2:20 min/100m	02:31 (9)	4:08:13 (32) 21.8 km/h	10:58 (38)	3:44:14 (27) 10:37 min/km	8:52:49	
38.	50	Wróblewski,		1990		Warszawa	M	M 35-39	44:46 (24) 2:14 min/100m	08:01 (39)	4:10:49 (34) 21.6 km/h	06:51 (23)	3:44:45 (28) 10:38 min/km	8:55:12	
39.	52	Zienkiewicz,		1990	Procarte PV	Gdynia	M	M 35-39	52:32 (37) 2:37 min/100m	03:38 (20)	4:09:17 (33) 21.7 km/h	05:29 (15)	3:46:01 (30) 10:42 min/km	8:56:57	
40.	25	Paluch, Tomasz		1986	Klub Wysokogórski	Jurgów	M	M 35-39	49:35 (33) 2:28 min/100m	09:42 (41)	3:55:53 (27) 23.0 km/h	09:34 (35)	3:58:47 (36) 11:18 min/km	9:03:31	
41.	35	Sęk, Marek		1979	WMTriself	Krakow	M	M 45-49	42:36 (15) 2:07 min/100m	02:43 (11)	4:29:34 (38) 20.1 km/h	07:19 (25)	3:48:33 (32) 10:49 min/km	9:10:45	
42.	8	Góźdz, Wojtek		1974	SportLove Kielce	Kielce	M	M 50-54	45:05 (26) 2:15 min/100m	06:53 (35)	4:00:41 (30) 22.5 km/h	22:45 (41)	3:59:04 (37) 11:19 min/km	9:14:28	
43.	4	Dudek, Krzysztof		1974	S12Triathlon team	Udanin	M	M 50-54	51:45 (35) 2:35 min/100m	06:27 (33)	4:21:26 (36) 20.7 km/h	07:03 (24)	3:50:40 (33) 10:55 min/km	9:17:21	
44.	36	Rycerski, Mikołaj		1999		Ruda Śląska	M	M 25-29	51:34 (34) 2:34 min/100m	06:35 (34)	4:20:01 (35) 20.8 km/h	11:43 (39)	3:56:01 (35) 11:10 min/km	9:25:54	

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45.	13	Jeltema, Bastin		1984	WM Triself	Kraków	M	M 40-44	34:44 (2) 1:44 min/100m	03:30 (19)	4:29:38 (39) 20.1 km/h	08:31 (32)	4:22:07 (40) 12:24 min/km	9:38:30	
46.	28	Pisarek, Jakub		1974	TruCht	Jasienica	M	M 50-54	59:24 (41) 2:58 min/100m	05:51 (30)	4:25:52 (37) 20.4 km/h	09:02 (33)	4:10:26 (39) 11:51 min/km	9:50:35	
47.	19	Maciejewski,		1980	Tri Mission	Kamieniec	M	M 45-49	57:41 (40) 2:53 min/100m	05:40 (29)	5:04:11 (41) 17.8 km/h	05:40 (16)	4:02:50 (38) 11:29 min/km	10:16:02	
48.	32	Roczniak,		1980	Centrum Zdrowia	Kraków	M	M 45-49	42:38 (16) 2:07 min/100m	09:13 (40)	4:52:28 (40) 18.5 km/h	07:39 (27)	4:25:45 (41) 12:34 min/km	10:17:43	
DNS	1	Arcimowicz, Piotr		2000		Ustka	M	M 25-29							
DNS	15	Kłęk, Stanisław		1972		Bolechowice	M	M 50-54							
DNS	16	Kokoszka,		2001		Strzelce	M	M 18-24							
DNS	34	Sadowski,		1974		Brzozowa	M	M 50-54							
DNS	44	Tchórz,		1979		Mikołów	K	K 45-49							
DNS	54	Żyszkowska -		1980	TKN Tatra Team	Zakopane	K	K 45-49							

Number of records: 54